**DC Wisdom Wednesday 2025-2026 7:00PM -8:15PM Zoom Meeting**

**Living the RC Lay Apostle’s Mission**

**Theme:** *Encounter – Reveal – Gather – Form – Send – Accompany*
**Purpose:** To help RC lay apostles live the mission in a deliberate rhythm that matches our charism.

**7:00-7:03** Welcome and Opening Prayer **7:03-7:45** Formation Talk (from Scripture, Church documents, RC materials) – 40 min **7:45-8:05** Group Sharing – 20 min **8:05-8:10** Practical Challenge for the Month – 1 concrete action **8:10-8:15** Closing Prayer & Missionary Resolution

**October 8, 2025: Goes Out to Encounter People**

**Goal:** Grow in intentional outreach and presence in people’s lives.

**Month 1:** *The Heart that Seeks the Lost*

* **Scripture:** Lk 19:1–10 (Zacchaeus)
* **Reflection:** Who around me is waiting to be seen and noticed?
* **Challenge:** Attend an event, visit a workplace, or join a setting you don’t usually go to—just to meet people.

**November 12, 2025: Reveals the Love of Christ’s Heart**

**Goal:** Learn to communicate God’s love through words, actions, and authentic witness.

**Month 2:** *Speaking the Language of the Heart*

* **Scripture:** Jn 4:1–26 (Jesus and the Samaritan woman)
* **Reflection:** What acts of kindness or mercy speak Christ’s love in my context?
* **Challenge:** Perform a hidden act of mercy for someone who doesn’t expect it.

**December 10, 2025: Gathers Them Together**

**Goal:** Create spaces of communion where faith can grow.

**Month 3:** *Building Christian Community*

* **Scripture:** Acts 2:42–47 (Life of the early Church)
* **Reflection:** What makes people feel “at home” in an RC or parish setting?
* **Challenge:** Help organize or host a small group meal, coffee, or gathering.

**January 14, 2026: Forms Them as Apostles and Christian Leaders**

**Goal:** Equip others to take responsibility for their faith and mission.

**Month 4:** *From Discipleship to Apostleship*

* **Scripture:** Mt 28:16–20 (The Great Commission)
* **Reflection**: What skills does an apostolic leader need today?
* **Challenge:** Share a resource (book, podcast, RC talk) that helped you grow.

**February11, 2026: Sends Them Out to Collaborate in the Evangelization of People and Society**

**Goal:** Actively mobilize others for mission.

**Month 5:** *Mission in Everyday Life*

* **Scripture:** Lk 10:1–9 (Jesus sends the seventy-two
* **Reflection:** What’s one societal area I can impact with Gospel values?
* **Challenge:** Partner with another apostle for a joint outreach.

**March11, 2026: Accompanies Them**

**Goal:** Walk with others in their journey of faith and mission.

**Month 6:** *The Ministry of Presence*

* **Scripture:** Lk 24:13–35 (The Road to Emmaus)
* **Reflection:** Who is God calling me to accompany more intentionally next year?
* **Challenge:** Check in with someone you’ve helped in the past and encourage them. Commit to a regular touch point.

 **April 8, 2026: Inventory**

**Goal:** Know what my attitudes, skills and behaviors I have in my leadership beyond self reflection and through the eyes of how God created me to be.

**Month 7:** *The Ministry of Presence*

* Scripture: **Galatians 5:7** You were running a good race. Who cut in on you to keep you from obeying the truth?”

**1 Corinthians 9:24–27** – “Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize…”

* **Reflection**: What holds me back from committing to an apostolate.
* **Challenge:** Speak to 5 people who know you well and have them give you an honest evaluation of your leadership. Make sure they give you something to work on.

### May13, 2026****: Christ-Centered Life: Rooted in Friendship with Jesus****

**Goal**  A Regnum Christi member’s identity flows from a deep, personal relationship with Christ. This is the first characteristic and foundation for all the others.

* **Scripture:** John 15:4–5 — “Remain in me, as I also remain in you… apart from me you can do nothing.”
* **Reflection:** Making Christ the reference point for daily decisions.
* **Challenge:** Schedule at least one dedicated hour of silent prayer or adoration this month beyond your normal routine.

### June 10, 2026: ****Apostolic Zeal: Passion to Win Souls for Christ****

**Goal:** A Regnum Christi member feels the urgency of mission and actively seeks to bring Christ to others.

* **Scripture:** 1 Corinthians 9:22–23 — “I have become all things to all people so that by all possible means I might save some.”
* **Reflections:** Understanding zeal as love in action, not mere activism.Overcoming fear in sharing the faith. Practical ways to be “mission ready” in daily life.
* **Challenge:** Identify one person you can intentionally accompany toward Christ this month.

**Reading Resources:**

## ****Encounter: Going Out to Meet People****

1. **Evangelii Gaudium** – Pope Francis
The Church’s call to missionary discipleship and going to the peripheries.
2. **The Soul of the Apostolate** – Jean-Baptiste Chautard, OCSO
Classic Catholic teaching on how interior life fuels active apostolate.

## ****Reveal: Showing the Love of Christ’s Heart****

1. **The Return of the Prodigal Son** – Henri Nouwen (Catholic priest and theologian)
Reveals God’s mercy through meditations on the parable and Rembrandt’s painting.
2. **Divine Mercy in My Soul** – St. Faustina Kowalska
Direct words of Jesus on His merciful heart for humanity.

## ****Gather: Building Christian Community****

1. **Forming Intentional Disciples** – Sherry Weddell (Catholic lay leader)
How to move people from trust to intentional discipleship.
2. **Christifideles Laici** – St. John Paul II
Apostolic exhortation on the vocation and mission of the lay faithful.

## ****Form: Making Apostles and Christian Leaders****

1. **Christus Vivit** – Pope Francis
Encourages youth and adults alike to live missionary discipleship fully.
2. **A Leader Like No Other** – Fr. Daniel Brandenburg, LC Regnum Christi perspective on Christ-centered leadership

## ****Send: Mobilizing for Evangelization****

1. **Go! 30 Meditations on How to Be Missionary Disciples** – Chris Stefanick (Catholic evangelist)
Practical Catholic inspiration for taking the Gospel to the world.
2. **Making Missionary Disciples** – Curtis Martin (FOCUS founder)
Catholic strategy for evangelization through mentorship and mission.
3. **60 Days to Becoming a Missionary Disciple-Fr. John Bartunek**

## ****Accompany: Walking with People in Faith****

1. **An Introduction to the Devout Life** – St. Francis de Sales
Gentle, timeless Catholic guidance on accompanying others toward holiness.
2. **Pastores Dabo Vobis** – St. John Paul II
While addressed to priests, its vision of accompaniment and formation applies to lay leaders too.

## ****General RC Identity & Spirituality****

1. **The Regnum Christi Handbook** – Regnum Christi Federation
Definitive guide to our charism, spirituality, and mission.
2. **The Spiritual Exercises of St. Ignatius** – as adapted for Regnum Christi
Foundation for discernment and apostolic mission in our movement.